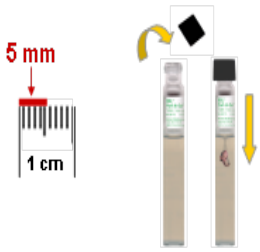
Laboratory Non-blood Specimen Collection User's Guide

Refer to South Bend Medical Foundation Test Directory for additional test information (www.sbmf.org)

Test		Container	Additional Information
BACTERIA			
Bacterial Culture Invasive Specimen Sterile body fluid, aspirates or tissue for anaerobic and aerobic culture	Anaerobic Transport Vials: Fluid and Aspirates	 or 	Volume <1.0 mL: Draw sterile preservative-free saline through syringe to bring volume to 1.0 mL and inject into vial. Volume > 1.0 mL: Place 5 mL in vial and remainder in a sterile plastic cup. Transport to the laboratory: room temperature.
Note: Submit additional specimen if fungus and/or AFB cultures are ordered. ***See ACID-FAST/FUNGUS below.***	Anaerobic Transport Tubes/Vials: Tissue, small ≤5 mm	 or 	Insert tissue below agar surface. Transport to the laboratory: room temperature.
Routine (aerobic) Culture **Yeast (Candida) Culture** MRSA Strep A VRE Group B Strep PCR	Puritan or Copan Elution Swab Liquid Amies Transport Media		**Not optimal/recommended for anaerobes.** **Note:** Do not use for Fungus or AFB culture. Note: Submit additional specimen if fungus and/or AFB cultures are ordered. ***See ACID-FAST/FUNGUS below.*** Transport to the laboratory: room temperature.
Miscellaneous Cultures Sputum, body fluids, hair, skin, nails, other miscellaneous	Sterile container		**Note:** Add **sterile preservative-free saline** to keep non-fluid specimens moist. Transport to the laboratory: room temperature.
Urine Culture **Urinalysis** Indicate the collection type: CCMS (clean-catch-midstream), Foley cath, Straight Cath, nephrostomy, etc.	Sterile container		**Refrigerate urine within 20 minutes** of collection for culture. Transport immediately to the laboratory: refrigerated.

ACID-FAST/FUNGUS			
AFB and Fungus Culture Fluid, Tissue, CSF, Urine, Aspirate, Washing	Sterile Container		**Minimum volume** Fluid: 5-10 mL for each culture. Tissue: 3-4 mm for each culture. If surgical open biopsy: 1 gm or more for each culture, if feasible. **Note:** Add **sterile preservative-free saline** to keep tissue moist. Swabs: NOT acceptable. Transport to the laboratory: room temperature.
VIRUSES			
Viral Assays, Respiratory Influenza A&B EIA RSV EIA Viral PCR Tests Respiratory Virus Panel Chlamydia PCR **Non-Respiratory** Virus Culture	Flexible flocked swab (adult or pediatric) in M6, M4 or UTM (Universal Transport Medium) Regular flocked swab in M6, M4 or UTM		**Refrigerate after collection**. Transport to the laboratory: **refrigerated**.
CHLAMYDIA/GC			
Chlamydia/GC Nucleic Acid Amplification **Female: Endocervical**	cobas® Swab collection kit		Transport to the laboratory: room temperature or refrigerated.
Chlamydia/GC Nucleic Acid Amplification **Urine:** **Male and Female**	cobas ® Urine Transport kit		Collect the **first catch, not midstream** urine. Transport to the laboratory: room temperature or refrigerated.

URINE, OTHER			
Electrolytes, Medical Drug Screen UCG	Sterile container		Transport immediately to the laboratory: room temperature.
FECES			
Feces culture Campylobacter Ag EIA Shiga Toxin EIA Culture for Enteric Pathogens	Para-Pak C&S		Transport to the laboratory: room temperature.
Ova & Parasites Cryptosporidium Ag EIA Giardia Ag EIA Specific O&P	Total-Fix		Transport to the laboratory: room temperature.
Clostridium Difficile Toxin, GDH Antigen and Toxin B Gene w/ reflex to PCR	Sterile container		Place in ice slush until it can be refrigerated. Transport to laboratory: immediately.
Occult Blood, Immunochemical, Feces	Fecal Sample Collection Buffer		Transport to the laboratory: room temperature.